

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change			JANUARY	New Year's Day 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Custom Hearing Aids 2:00 Travel Time (MR) 3:00 Painting (AR) 5:30 Rummikub (C2)	Joyce B. Birthday 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Happy Hour w/Charlie Carey (DR) 5:30 Rummikub (C2)	3
4 9:30 Catholic Church (CR) 10:30 Rummikub (C2) 2:00 White's Chapel Church Service (CR) 3:30 Bingo with Roz! (AR) 6:00 Sunday Evening Movie (CR)	5 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Uno with Amy (CR) 2:30 Wheel of Fortune (AR) 3:30 Word Wizard (AR) 5:30 Rummikub (C2)	6 9:00 Shopping (Bus) 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Wine Social (DR) 5:30 Rummikub (C2)	7 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Food Discussion & Coffee Talk (CR) 1:00 Hand & Foot (C2) 3:00 Town Hall Meeting (AR) 5:30 Rummikub (C2)	8 Jackie W. Birthday 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 2:00 Travel Time (MR) 3:00 Painting (AR) 5:30 Rummikub (C2)	9 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Happy Birthday HH w/ Bill Cobb (DR) 5:30 Rummikub (C2)	10
11 9:30 Catholic Church (CR) 10:30 Rummikub (C2) 2:00 Living Word Lutheran Church (CR) 3:30 Bingo with Roz! (AR) 6:00 Sunday Evening Movie (CR)	12 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Uno with Amy (CR) 1:30 Men's Group 2:30 Wheel of Fortune (AR) 3:30 Word Wizard (AR) 5:30 Rummikub (C2)	13 9:00 Shopping (Bus) 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Wine Social (DR) 5:30 Rummikub (C2)	14 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Hand & Foot (C2) 2:30 Choir Practice! (AR) 3:30 Trivia w/Tracy (AR) 5:30 Rummikub (C2)	15 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 2:00 Travel Time (MR) 3:00 Painting (AR) 5:30 Rummikub (C2)	16 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Happy Hour w/Stan Berger (DR) 5:30 Rummikub (C2)	17
18 9:30 Catholic Church (CR) 10:30 Rummikub (C2) 2:00 White's Chapel Church Service (CR) 3:30 Bingo with Roz! (AR) 6:00 Sunday Evening Movie (CR)	19 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Uno with Amy (CR) 2:30 Wheel of Fortune (AR) 3:30 Word Wizard (AR) 5:30 Rummikub (C2)	20 9:00 Shopping (Bus) 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Hand & Foot (C2) 2:30 Choir Practice! (AR) 3:30 Spelling Bee (AR) 5:30 Rummikub (C2)	21 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Hand & Foot (C2) 2:30 Choir Practice! (AR) 3:30 Spelling Bee (AR) 5:30 Rummikub (C2)	22 Jean T. Birthday 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 2:00 Travel Time (MR) 3:00 Painting (AR) 5:30 Rummikub (C2)	23 Pat S. Birthday 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Happy Hour (DR) 5:30 Rummikub (C2)	24
25 9:30 Catholic Church (CR) 10:30 Rummikub (C2) 2:00 White's Chapel Church Service (CR) 3:30 Bingo with Roz! (AR) 6:00 Sunday Evening Movie (CR)	26 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Uno with Amy (CR) 1:30 Men's Group 2:30 Wheel of Fortune (AR) 3:30 Word Wizard (AR) 5:30 Rummikub (C2)	27 9:00 Shopping (Bus) 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Hand & Foot (C2) 2:30 Choir Practice! (AR) 3:30 Left, Right, Center Game (AR) 5:30 Rummikub (C2)	28 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:00 Hand & Foot (C2) 2:30 Choir Practice! (AR) 3:30 Left, Right, Center Game (AR) 5:30 Rummikub (C2)	29 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 2:00 Travel Time (MR) 3:00 Painting (AR) 5:30 Rummikub (C2)	30 9:30 Exercise & Walking (AR) 10:00 Meditation (MR) 10:30 Coffee Talk (CR) 1:30 Bingo! (AR) 3:00 Happy Hour (DR) 5:30 Rummikub (C2)	31

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change			JANUARY	New Year's Day 9:00 Meditation and Music 10:00 Spa Day! 11:00 Aroma Cloths & Meal Song 3:30 Dance to the Music! 6:00 Music and Hydration Cart	1 9:00 Meditation and Music 9:30 Chair Exercises 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour! 6:00 Music and Hydration Cart	2 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
4 9:00 Live Church Service on TV 10:00 Bingo and Hydration Cart 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Nighttime Music	5 9:00 Meditation and Music 9:30 Noodle Ball 11:00 Aroma Cloths & Meal Song 1:00 Puzzle Palooza! 2:30 Let's Go to the Movies! 6:00 Music and Hydration Cart	6 9:00 Meditation and Music 9:30 Blue Zone Walkers 10:00 Salon Day 11:00 Aroma Cloths & Meal Song 1:30 Bingo and Hydration Cart 6:00 Music and Hydration Cart	7 9:00 Meditation and Music 9:30 Noodle Ball! 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 2:00 Color My World! 3:30 Dance to the Music! 6:00 Music and Hydration Cart	8 9:00 Meditation and Music 9:30 Chair Exercises 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour! 6:00 Music and Hydration Cart	9 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart	10 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
Frances S. Birthday 11 9:00 Live Church Service on TV 10:00 Bingo and Hydration Cart 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Nighttime Music	12 9:00 Meditation and Music 9:30 Noodle Ball 11:00 Aroma Cloths & Meal Song 1:00 Puzzle Palooza! 2:30 Let's Go to the Movies! 6:00 Music and Hydration Cart	13 9:00 Meditation and Music 9:30 Blue Zone Walkers 10:00 Salon Day 11:00 Aroma Cloths & Meal Song 1:30 Bingo and Hydration Cart 3:00 Songs & Smiles Sings! 6:00 Music and Hydration Cart	14 9:00 Meditation and Music 9:30 Noodle Ball! 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 3:30 Dance to the Music! 6:00 Music and Hydration Cart	15 9:00 Meditation and Music 9:30 Chair Exercises 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour! 6:00 Music and Hydration Cart	16 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart	17 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
18 9:00 Live Church Service on TV 10:00 Bingo and Hydration Cart 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Nighttime Music	19 9:00 Meditation and Music 9:30 Noodle Ball 11:00 Aroma Cloths & Meal Song 1:00 Puzzle Palooza! 2:30 Let's Go to the Movies! 6:00 Music and Hydration Cart	20 9:00 Meditation and Music 9:30 Blue Zone Walkers 10:00 Salon Day 11:00 Aroma Cloths & Meal Song 1:30 Bingo and Hydration Cart 6:00 Music and Hydration Cart	21 9:00 Meditation and Music 9:30 Noodle Ball! 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 2:00 Color My World! 3:30 Dance to the Music! 6:00 Music and Hydration Cart	22 9:00 Meditation and Music 9:30 Chair Exercises 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour! 6:00 Music and Hydration Cart	23 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart	24 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart
25 9:00 Live Church Service on TV 10:00 Bingo and Hydration Cart 10:30 Bible Stories 11:00 Aroma Cloths & Meal Song 2:00 Story Time! 6:00 Relaxing Nighttime Music	26 9:00 Meditation and Music 9:30 Noodle Ball 11:00 Aroma Cloths & Meal Song 1:00 Puzzle Palooza! 2:30 Let's Go to the Movies! 6:00 Music and Hydration Cart	27 9:00 Meditation and Music 9:30 Blue Zone Walkers 10:00 Salon Day 11:00 Aroma Cloths & Meal Song 1:30 Bingo and Hydration Cart 6:00 Music and Hydration Cart	28 9:00 Meditation and Music 9:30 Noodle Ball! 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 3:30 Dance to the Music! 6:00 Music and Hydration Cart	29 9:00 Meditation and Music 9:30 Chair Exercises 10:00 SingFit for Fun! 11:00 Aroma Cloths & Meal Song 1:00 Junk Drawer Detective 3:00 Happy Hour! 6:00 Music and Hydration Cart	30 Pat S. Birthday 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart	31 9:00 Meditation and Music 9:30 Bingo! 11:00 Aroma Cloths & Meal Song 1:00 Reminiscing Movies 3:30 Puzzles / Brain Games 6:00 Music and Hydration Cart